

The emphasis for this year's Media Fast Bible Feats will be the acronym ACTS.

Adoration
Confession
Thanksgiving
Supplication asking

Each session we will use A.C.T.S for prayers from the Bible passages.

Visit: cstone.uk/mediafast for more resources including: podcasts, sermons and books.



CORNERSTONE
CHURCH
KINGSTON

MEDIA FAST BIBLE FEAST

2 – 6 FEB

2
Mon


Early Morning reading
In-person & Zoom

Soup & bread lunch
The Hub, 12:30pm, £2

Evening meal
Homes, 7:30pm, £4

Readings

 Psalm 42
Romans 1:8-10

 Psalm 43-44
Romans 15:5-13, 30-32

 Psalm 45-47
1 Thessalonians 5:23-24

Pray for

Holiday Club

Cornerstone kids & youth

Mustard Seeds (Bible teaching resources for children & youth)

Insight schools work


3
Tue


Early Morning reading
In-person & Zoom


Soup & bread lunch
The Hub, 12:30pm, £2

Evening meal
Homes, 7:30pm, £4

Readings

 Psalm 48
2 Corinthians 1:3-11

 Psalm 49-50
Ephesians 1:15-23

 Psalm 51-53
Romans 16:25-27

Pray for

Hope Church, Tolworth

Becontree Church, Dagenham

King's Church, Chessington

Hook Evangelical Church

Christ Church, Surbiton

4
Wed

Early Morning reading
In-person & Zoom


Soup & bread lunch
The Hub, 12:30pm, £2

Youth meal
The Hub, 7pm, £4

Evening meal
Homes, 7:30pm, £4

Readings

 Psalm 54
Ephesians 3:14-21

 Psalm 55-57
Philippians 1:3-11

 Psalm 58-59
Jude 24-25

Pray for

International Café

Live translation in services

Bible Study Fellowship: discipling people worldwide

6
Fri

Early Morning reading
In-person & Zoom


Soup & bread lunch
The Hub, 12:30pm, £2


Kids Tea
The Hub, 5pm, £2

Evening meal
Homes, 7:30pm, £4

Readings

 Psalm 66
2 Thessalonians 1:11-12

 Psalm 67-70
Romans 11:33-36

 Psalm 71-72
Hebrews 13:20-21

Pray for

Devotion to the apostles' teaching, fellowship & prayer

Conversions across our ministry areas

Preaching of God's word each week

Music, set-up, media team, PA, welcome etc


5
Thu

Early Morning reading
In-person & Zoom


Soup & bread lunch
The Hub, 12:30pm, £2

Evening meal
Hub, 7:30pm

Readings

 Psalm 60
Colossians 1:3-14

 Psalm 61-63
1 Thessalonians 1:2-3

 Psalm 64-65
1 Thessalonians 3:9-13

Pray for

Options, Pregnancy Resource Centre

Beside, working with trafficked women in Kingston

Open Doors, Persecuted Church family